

Warriors on Cataract Personal Equipment List

Warm sleeping bag, synthetic better than down because they dry quicker if they get wet (if you have one)
sleeping pad or air mattress, cot if needed

tent - optional, there are lotsa stars; if it rains, there will be other tents. Bring a ground cloth.

If you are short any of the above, the outfitter can furnish.

It can get cool at night, so bring a sweater and jacket

Weather can be changeable in early season. A rain shell is needed and rain pants are recommended

sunscreen, chapstick, lotion for dry skin, sunglasses

long sleeves of cotton for sunburned arms

long pants, short pants, hat with tiedown, sunglasses with lanyard or croakie. We will have boonies for all.

sneakers & hiking boots or shoes, wool socks, shorts

waterproof windbreaker shell, rain pants (just in case..)

towel, toiletries

Flashlight or headlamp

Day pack

water bottle with your name (we'll keep it in a cooler for you)

DEET, Cutters, or other repellent. There aren't many bugs.

River Rules and Etiquette

Life jackets: The NPS requires that life jackets be worn at all times while on the boat below the Confluence. Tag-A-Long will furnish life jackets, and require that they be worn at any time you are in the water.

Fire pan and fire safety: We have a fire pan for campfires. A 5 gallon fire bucket of river water should be at the fire. If windy, fire can be hazardous and should be doused, or the fire pan cover put in place. The tamarisk, even when green, burns vigorously, and a number of river bottoms have burned due to carelessness. The old cottonwoods are vulnerable and take a long time to come back. We leave no sign when we break camp; ashes are carried out.

Sanitation: #1 directly into the river is OK, otherwise not. #2 in the portable toilet only.

Streams and pools: Soaps and body oils affect the life in the small streams and pools. No soap or shampoo should be used in these waters. Main stream is OK. Solar showers are available.

Artifacts and rock samples: Nothing in the way of artifacts and rock samples leaves the Park. Indian ruins and artifacts and wall art are Federally protected.

Leaving camp: When we break camp, there should be little sign that we were there. Volunteers should walk the camp site just before launch and make sure that the camp is back to an original state (or better).